



# Elstead Foodbank

Helping villagers during times of crisis

## USEFUL LINKS

Citizens Advice - <https://waverleycab.org.uk/>. General self-help source  
<https://www.citizensadvice.org.uk/>. Help to Claim 0808 2787 980. Help to complete initial Universal Credit application, Debt, Employment issues, Scams 0344 848 7969. The system may ask you to leave a message. An advisor will call you back.

Emergency - Ambulance, Fire, Police - 999

Non-emergency - 101 for Police, 111 NHS

Samaritans - 116123

Childline - 0800 11 11

Mental Health Crisis Line - Surrey 0800 915 4644, Text: 07717 989024, Textphone 18001 0800 915 4644

National Centre for Domestic Violence - 0800 970 2070. 0207 186 8270 Can help with an injunction within 24 hours if required

Domestic Abuse (24hr) - 0808 20000 247

South West Surrey Domestic Abuse Outreach Team - 01483 898 884. Monday to Friday 9am to 4pm. 24 hour answerphone. [swr@swsda.org.uk](mailto:swr@swsda.org.uk)

Your Sanctuary - 01483 776822. 9am - 9pm. 7 days a week. Online chat and advice about where to go in an emergency.

National Men's Domestic Abuse Helpline - 0808 8010 327

LGBT Domestic Abuse Helpline - 0800 999 5428. Mon - Fri 10am – 5pm

Relationship Counselling - [www.relate.org.uk/](http://www.relate.org.uk/)

Parenting Advice - [familylives.org.uk](http://familylives.org.uk)

Bereavement Cruse - 0808 808 1677

Drug & Alcohol (Surrey) - 0300 222 5932

Support in a Crisis - Shout Text - Shout to 85258

Age UK Surrey - Help at home services. Befriend service. Benefit entitlement checks. 01483 503414. [Enquiries@ageuksurrey.org.uk](mailto:Enquiries@ageuksurrey.org.uk)

Carers Support - Surrey 0303 040 1234. SMS 07714 075993

Homelessness - StreetLink 0300 500 0914

Shelter - 0808 800 444

MANKIND - 01823 334244. Mon - Fri. 10am – 4pm

Help in Elstead - Collecting prescriptions / medicines - 01252 702702 (10am - midday)

Help in Thursley - Food drop off service - 07538 201276

National Debtline - 0808 808 4000 [www.nationaldebtline.org](http://www.nationaldebtline.org) CAP – Christians against Poverty

Elstead Emergency Response - A support group to assist the vulnerable residents who are having to self isolate, providing help with picking up shopping, posting mail, urgent supplies, a friendly phone call. 01252 411745. Email: [epceer@gmail.com](mailto:epceer@gmail.com). Available Mon to Sat (10am to 4pm) for an immediate response for help or [click here](#).

Care in Haslemere - Transporting people to medical appointments. 01483 652505 (10am - 4pm)

Waverley Community Support Helpline - Help with shopping, collecting prescriptions and befriending services - 01483 523054 Available Monday to Friday (9am-5pm), Saturday and Sunday (10am-2pm)

Local Clergy and Churches Together Representatives: Revd Hannah Moore - [rector@stjameschurchelstead.org](mailto:rector@stjameschurchelstead.org) 01252 705 941. Revd Delia Orme - [delia.orme@btinternet.com](mailto:delia.orme@btinternet.com). Revd Michael Hopkins- [michael@spirechurchfarnham.org.uk](mailto:michael@spirechurchfarnham.org.uk). John Whitton - [elsteadurc@gmail.com](mailto:elsteadurc@gmail.com). Richard Grey- [rcegrey@aol.com](mailto:rcegrey@aol.com)

Voluntary Action South West Surrey - Provide details on voluntary organisations. Provide volunteers to individuals and voluntary organisations - 01483 565456. Email: [volunteercentresws@vasws.org.uk](mailto:volunteercentresws@vasws.org.uk).

National Stalking Helpline Suzy Lamplugh Trust - 0808 802 0300

Driving Miss Daisy - Private paid for service - Companion and driving services. Do your shopping for you. Collect your prescriptions. Take you to appointments. Be a companion in your home. 07525 873050.

Helpful phone apps - Bright Sky - Information and support for anyone experiencing domestic abuse. Holly Guard - Shake or tap your phone and it immediately notifies your chosen contact you have logged with audio, visual and your location to their mobiles